



Our Mission: To Promote and Apply Quality Principles in London and Region through Leadership, Networking and Learning Opportunities .

London Section 403 News—February 2010

Message from the Chair

By Steven Britton

Have you considered being part of the Section Executive? Our executive is comprised of both elected and appointed positions. The next round of positions runs from July 1, 2010 to June 30, 2011. The elected positions will be voted on at our March meeting, where a slate of nominees will be presented that night. If more than one candidate is nominated for a position, we have the option of voting during our regular meetings, by e-mail, or by mail. Historically, we have voted by members attending that meeting. The appointed positions will be filled by the incoming chair and will be announced at our June meeting. One change that came into effect this past fall is that executive members, in addition to being an active

member in ASQ, must also now belong to the Section.

If you are interested in any of the elected positions, please give your nomination to nomination chair, Joe DaSilva. The elected positions that ASQ requires us to elect on annual basis are the Chair, Treasurer and Secretary. We also elect, by our bylaws, the Chair Elect/SMP Chair. The Chair and Treasurer cannot serve more than 2 consecutive years. There are quite a few sections that re-elect a chair for a second term, mainly because they cannot attract members to the executive. In the London Section, we have never required a Chair to serve two years in a row. This year in Calgary, no one stepped forward and they started with no Chair.

Here is a quick summary of the elected positions:

The Chair arranges for the meeting location, opens all meetings and calls and directs all executive meetings.

The Chair Elect fills in when the Chair is absent and coordinates all Section Management Plan activities and reports the progress to the executive on a periodic basis.

The Treasurer looks after all financial transactions, prepares the budget, gives periodic updates to the executive, and presents financial reports and updates to ASQ headquarters.

The Secretary looks after all correspondence and minutes, and signs agreements with ASQ headquarters on behalf of the section.

If you are interested in an appointed position, please check the positions available which are listed in every newsletters and our web site. Talk to the person holding this year's position to find out more about it. I can answer any questions you might have, but more importantly, please express your interest to the incoming Chair before our June meeting, as (s)he will make the final decision on who is invited to the executive. Having new faces on the executive helps keep our Section strong.

Steven Britton, Your Chair for 2009/2010

Inside This Issue	
Message from the Chair	1
January Meeting Summary	2
February Meeting Announcement	3
2010 LQA Call for Nominations	4
Education News	5
Certifications Successes	6
Executive Team Contact Info	7

Points to Ponder

"Don't be so humble - you are not that great."
Golda Meir (1898-1978) to a visiting diplomat

"You can avoid reality, but you cannot avoid the consequences of avoiding reality."
Ayn Rand (1905-1982)

"I'm living so far beyond my income that we may almost be said to be living apart."
E E Cummings (1894-1962)

January Meeting Summary

Yoga - Balancing Life and Work



Thandi Van, Tony Saddy, Suzanne Frenette

Karna, aka Tony Saddy, has been practicing Yoga since the early 1990s and received his Hatha Yoga Instructor Certificate in 2006. Tony was introduced to Nitya Kandath (Swami Nityamuktananda) from southern India shortly afterwards. Nitya, a disciple of Swami Vishnu, came to London and taught him an intense Sivananda Yoga Teacher/Instructors course over an eight month period. Tony is the owner of Shangrila Yoga (<http://www.shangrilayoga.com/>).

daily lives. He then led us in a few simple yoga poses and movements that can be done at our desk, half of which were done sitting and half standing. It really gave everyone a good selection of easy-to-do moves that could be done at work to get the blood going and make us more alert.



Suzanne Frenette gave a power point presentation about the benefits of a proper diet and how it all fits together for a longer, healthier stress-free life. There was a lot of interest from the ASQ members and the question and answer periods were lively.



Our meeting began with a relaxation exercise lead by Thandi Van, who helped us unwind from the day. In part it was a demonstration in how we could take a few minutes out of our work day to de-stress.

Tony Saddy talked briefly about the benefits of Yoga and how they can be applied easily in our

Trust your knowing, believe in yourself and listen to your body, it knows what you really need.



NEXT MEETING -
ASQ London Section 0403 presents....

Change Management

Date: Feb 11, 2010
6:30 PM - 9:00 PM

Location: Byron Canadian Legion

Guest Speaker: Jordon Clavette

Jordan is experienced with the subject of Change Management. He has worked with both Toyota Systems and as a consultant with LPS Inc., one of our sponsors.

He is currently with Brooks Signs in Brantford where he has taken a team leadership role.

6:30 pm Networking
7:00 pm ASQ Welcome address and opening remarks
7:25 pm Presentation
8:50 pm Closing Remarks
9:00 pm Adjourn

RSVP: to sbritton@sympatico.ca

Please join us!

Guests are welcome! Section Meetings are open to everyone.
Meetings are free, except those where a meal is served.
Beer is available for purchase in the Legion bar on first floor

Additional Parking

More parking is available at the Plaza next door



Directions

Byron Canadian Legion, Springbank Branch #533
1276 Commissioners Rd. W. London, Ontario N6A 1E1

Guests are Welcome!



LONDON QUALITY AWARD

2010

All Nominations are now in. The following three finalists will be reduced to two companies that will be present at the Awards Dinner in March.

- Libro Financial Group
- CT Innovation Inc.
- Amica at London

Our Sponsors are:



Yes, you can.

Previous LQA Recipients

- 2001 Wecast Industries
- 2002 Sparton Electronics
- 2003 Sterling Marking Products
- 2004 3M Canada
- 2005 Martin Building Maintenance
- 2006 Vari-Form
- 2007 Metropolitan Maintenance
- 2008 Alumni Relations – UWO
- 2009 Guest House on the Mount



Labatt

Many thanks to our major sponsors for their continued support!

Education News

by Irshad Syed Hussain

CQE Refresher Course

The CQE Refresher course will be presented on Wednesday evenings beginning March 31, 2010 and running for 10 weeks. The classes start at 7 pm and will go until 9:30 pm.

The purpose of this refresher course is to give an overview of the principles of quality engineering and basic statistical techniques used in industry and to prepare prospective CQE candidates for the ASQ certification exam on June 5, 2010. The course is geared to providing students with practical experience and problem solving abilities to pass the CQE exam; it is NOT geared to creating a huge library of expensive books.

Certification Note:

Registration and fees for this class does not include registration for any certification examination. If you are interested in taking the ASQ – CQE Certification Examination, please go to www.asq.org and click on Training and Certification.

The next certification exam is scheduled for June 5, 2010. The due date for application to take the June exam is April 16, 2010.

CQE Refresher Course Fee and Registration:

<u>Course Date:</u>	<i>Wednesdays, March 31, 2010 to June 02, 2010</i>
<u>Class Time:</u>	<i>7:00 pm to 9:30 pm</i>
<u>Course Location:</u>	<i>87 Ravine Ridge Cres. London, ON</i>
<u>Refresher Course Fee:</u>	<i>\$250.00 (paid at first class) Course is run on non-profit basis. Make refresher course check payable to: ASQ London & District Section 0403</i>
<u>Study Material Provided with Course</u>	The CQE Primer from the Quality Council of Indiana will be given to each participant.
<u>Instructor:</u>	<i>Joe DaSilva (ASQ Certified Quality Engineer (CQE) and has taught the CQE Refresher course several times)</i>
<u>Sign up by</u>	<i>e-mail at jadasilva2@mmm.com or call Joe DaSilva at (519) 451-2500 ext 2166</i>

For more information, or to register for any of the upcoming refresher courses, please contact Irshad @519 679-2148 or irshad.hussain@gmail.com.

Congratulations!!!

Following individuals have successfully passed the certifications on December 05, 2009.

Certified Quality Auditor (CQA)

- Brenda L. Broad
- Prashanth Vankayalpati

Certified Quality Engineer (CQE)

- Abdulganiy Akano

Certified Quality Improvement Associate (CQIA)

- Tracy A. Gaunt

Certified Six Sigma Green Belt (CSSGB)

- Iordanka Rouskova

Senior Member Upgrade

<http://www.asq.org/membership/individuals/advanced.html>

You may apply for Senior membership status if you meet the following criteria:

- You have been an ASQ Regular member in good standing for one year
- You have 10 years of professional experience
- You meet one of four professional criteria outlined on the Senior Membership application

“Have qualified in one of the following ways described below:

- a. Conducting quality-related engineering, inspection or audit, or statistical work, or applying the methods and principles of quality on the job for at least two (2) years.
- b. Teaching quality or related arts or sciences at an accredited institution for at least two (2) years.
- c. Being a Senior member or comparable grade in an American Society for Association Executives’ list of recognized organizations.
- d. Currently holding an ASQ certification that requires recertification.”

With a Senior Membership, your dues remain the same, but you can get a free technical journal or two free division memberships.

Section 403 - Executive 2009-2010

CHAIR – Steven Britton
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MEMBER-AT-LARGE – Open

MARK YOUR CALENDAR

Monthly Meeting Agenda 2009 - 2010		
Meeting	Topic	Venue
Sep 10, 2009	Lean in the Office	Byron Cdn. Legion
Oct 08, 2009	Shingo – Error Proofing	Byron Cdn. Legion
Nov 12, 2009	Food Safety	Byron Cdn. Legion
Dec 10, 2009	Visual Thinking	Byron Cdn. Legion
Jan 14, 2010	Life/Work Balancing & Stress Mgmt.	Byron Cdn. Legion
Feb. 11, 2010	Engaging People in Change	Byron Cdn. Legion
Mar. 11, 2010	Single Minute Exchange of Dies	Byron Cdn. Legion
Apr. 8, 2010	Tour to be announced	T.B.A.
May 13, 2010	Quality in Wine Making	Byron Cdn. Legion
June 10, 2010	Award and Banquet - Keynote address by the new LQA winner	Byron Cdn. Legion

Looking Ahead to March

Some companies have literally achieved a “Single Minute Exchange of Dies”, which is our topic for March. Change-overs and setup changes for new models and products can take up to several hours each time, reducing the flexibility and responsiveness of your business. Learn from other companies that have made this process more efficient and painless.

ADVERTISING RATES					
Category	Business to Business		Employer Job Ads		Others
	Members	Non	Members	Non	Inserts
Business Card	Free	\$15.00	Free	\$15.00	\$40.00
¼ Page	\$50.00	\$75.00	\$25.00	\$40.00	\$75.00
½ Page	\$65.00	\$95.00	\$40.00	\$65.00	\$95.00
Full Page	\$130.00	\$190.00	\$65.00	\$95.00	\$155.00
Brochure	\$155.00	\$190.00	\$130.00	\$190.00	\$190.00

We're on the Web!

www.asqlondon.on.ca